

KMA Association

(KokidoRyuNinjutsu)

Weapons (2024) Yellow Belt

First Attitude (Yellow Belt Grading Assessment Form)

グ
レ
ー
デ
ィ
ン
グ
評
価
書



コ
キ
ド
リ
ユ
忍
術

Grading Assessment Form

(Board Of Regis K.M.A Association)



Name of Student:

The grading assessment is a recognition of standards achieved for students wishing to advance in kokidoryuninjutsu martial arts system. When standards and practices have been acquired within the adjudication processes outlined by KMA Association within this grading assessment form students will automatically be graded to the next level within the structure of the syllabus undertaken. Students must have successfully passed the logic test challenge and Scroll challenge with evidence of such achievements before being able to take their assessment outlined by the Board of Regis and governing bodies of the KMA Association. Achievements will not be recognised unless standards and criteria have been implemented and passed successfully by a senior instructors of said association.

Universal Pattern Of Movement

(The Nine Diagrams)

- 1/ Attention Stance.
- 2/ Natural Stance.
- 3/ Short Horse Stance.
- 4/ Engagement Stance.
- 5/ Forward Stance.
- 6/ Rear Defensive Stance.
- 7/ Crane stance.
- 8/ Crossover Stance.
- 9/ Buckled Knee Stance.

For Instructors & Examiners Use Only:

All stance work must be performed individually or as a combined universal set. Students must perform the set without hesitation and to the standards required as a static or sequence of movements requested by the examiner or senior instructor.

All arias have been performed & executed Correctly.

Foot Manoeuvres

- 1/ Step Forward
- 2/ Step Backward
- 3/ Slide Step Forward
- 4/ Step Slide Backward
- 5/ Shuffle Forward
- 6/ Shuffle Backward
- 7/ Switch
- 8/ Rear Cover

Foot manoeuvres are to be performed whilst in motion and in any given sequence requested by an examiner. Execution must contain speed and focus on direction and balance within each manoeuvres. Foot positions and distance between stances must remain equal at their recommended distribution and lengths.

All arias have been performed & executed Correctly.

Blocking

(Silent Hand)

- 1/ Inward Wing.
- 2/ Outward Wing.
- 3/ Outward Obscure Wing.
- 4/ Outward Extended Wing.
- 5/ Upward Vertical Wing.
- 6/ Downward vertical Wing.
- 7/ Lower inward Wing.
- 8/ Lower Outward Wing.

Blocks are performed as a set, unless asked otherwise by the examiner. The set should be executed showing fluidity and emphasising control of power at the end of each sequence. The use of hidden and crossover actions must be implemented and shown within all movement and exchanges within the set.

All arias have been performed & executed Correctly.

Parries

(Deflecting Blocks)

- 1/ Inward double wing.
- 2/ Inner double Wing.
- 3/ Upper double Wing.
- 4/ Lower Double Wing.

Parries are performed whilst in motion or in a static position. Students must show control, balance and timing between foot and hand positions.

All arias have been performed & executed Correctly.

Strikes *MAN
(Clapping Hands)

- 1/ **Outward Wing.**
- 2/ **Inward Wing.**
- 3/ **Outward Reverse Wing.**
- 4/ **Inward Reverse Wing.**
- 5/ **Obscure Wing.**
- 6/ **Lateral Wing.**
- 7/ **Pecking Cranes Head.**
- 8/ **Reverse Cranes Head.**
- 9/ **Feather Hand.**

-
-
-
-
-
-
-
-
-

Strikes are performed as a set unless asked otherwise by the examiner. Strikes should be executed with accuracy within the target regions specified by the examining board. Correct pivoting of the waist and willow positions are mandatory.

All arias have been preformed & executed Correctly.

Wing Strikes * OPT

- 1/ **Silent Hand.**
- 2/ **Flat Hand.**
- 3/ **Closed Hand.**
- 4/ **Obscure Hand.**
- 5/ **Reverse Hand.**
- 6/ **Open Hand,**

-
-
-
-
-
-

Wing strikes performed as a set unless asked otherwise by the examiner. Strikes should be executed in a whipping motion and drawing back at the end of the movement.

All arias have been preformed & executed Correctly.

Kicking *MAN

- 1/ **Front Snap Kick.**
- 2/ **Side Blade Kick.**
- 3/ **Round Snap Kick.**
- 4/ **Reverse Round Snap Kick.**
- 5/ **Crane Kick.**
- 6/ **Back Crane Kick.**

-
-
-
-
-
-

Kicks performed as a set unless asked otherwise by the examiner. Kicks should be executed in a snapping motion and drawing back at the end of the movement. Utilisation of the pivot from the waist, and the turn on the ball of foot must be implemented .

All arias have been preformed & executed Correctly.

Shadow Techniques

The Rising Fist *MAN

- 1/ **Parting Wings.**
- 2/ **Calming The Storm.**
- 3/ **Twisted Fortune.**
- 4/ **Falling Shadow.**
- 5/ **Evading The Storm.**
- 6/ **Beggars Witness.**
- 7/ **Broken Arrow.**
- 8/ **Leaping Crane.**
- 9/ **Gift In Return.**
- 10/ **Dance Of Death.**

-
-
-
-
-
-
-
-
-
-

Techniques must be performed as outlined by the board of examiners: to be executed using the full range of motion and accuracy on technical detail. Control and confidence in exchanges of movements utilising basic framework and form. Conviction and execution of solid movements. Continuity and flow is paramount within shadow technique and maybe all that is necessary for the examiner to assess in order to cover basic form and theory within a students syllabus.

All arias have been preformed & executed Correctly.

Kata's & Forms

1/ **Shadow Kata No: One.** *MAN
(Embracing The Storm)

2/ **Internal Kata No: One.** *MAN
(Silent Embrace)

Shadow Kata must be execute with confidence and conviction. All deployments and delivery of techniques must be executed correctly without hesitation or incorrect angles of attack. Kata must finish exactly at the point of start.

All arias have been preformed & executed Correctly.

The internal set must consist of both flow and retention of movements within its form. Execution of movement without hesitation, and utilisation of angles within the structure of the set.

All arias have been preformed & executed Correctly.

The examiner must assess the correct use of willow foot technique, not only in the universal pattern of movement, but also as a defensive manoeuvre in practice.

All arias have been preformed & executed Correctly.

Willow Foot *OPT

- 1/ **Sweeping Foot.**
- 2/ **Twisting Foot.**
- 3/ **Locking Foot.**
- 4/ **Turning Foot.**
- 5/ **Circling Foot.**
- 6/ **Trapping Foot.**

Passive Techniques *OPT

- 1/ **Turn.**
- 2/ **Twist.**
- 3/ **Crouch.**
- 4/ **Slide Step.**
- 5/ **Twist & Lean.**

This section must be executed without the use of any intervention from either hands or feet. All movements are to be deployed as an evasion tactic moving the body away from a direct assault.

All arias have been preformed & executed Correctly.

Salutation *MAN

- 1/ **Kokido Salutation.**
- 2/ **Ritual Salutation.**

Salutations are to be performed in order to assess clarification of technique and form.

All arias have been preformed & executed Correctly.

The Eight Elements *OPT

- 1/ **Munedori Kokyunage**
- 2/ **Kotegaeshi.**
- 3/ **Gaeshi.**
- 4/ **Yonkyo.**
- 5/ **Ushiro Waza Dori.**
- 6/ **Kubishime.**
- 7/ **Sankyo.**
- 8/ **Yokomenuchi.**

Traditional techniques from the warrior class of Bushido with associations to Aikido. Immobilisation & restraint of an attacker is quay importance in correct application of the eight elements. Phonetical names to each technique are mandatory.

All arias have been preformed & executed Correctly.

Purple Belt Weapons Sets *MAN

- 1/ **Weapon Block Set**
- 2/ **Block & Strike Set**
- 3/ **Parries Set**

Free Movements must be an expression of active motion without predictability or predetermination of an attack or strike. The examiner must be able to a natural flow and exchange of movement.

All arias have been preformed & executed Correctly.

In order to acquire a pass students must acquire no less than 65% as an overall indication of achievements within the assessment form. All students must have passed all assessment within a three week period, and have already successfully passing their Scroll Challenge. Assessments can be taken as often as the student feels necessary in lesson form until the assessment is complete. Students attending all assessments must be fully equipped regarding uniform and weapons associated with there individual standards. Any coursework or theory must be handed in prior to being assessed for marking by the Governing Board at the K.M.A Association.

1. Universal Pattern Of Movement *MAN	= 2%
2. Foot Manoeuvres *OPT	= 2%
3. Blocking *MAN	= 2%
4. Parries *MAN	= 2%
5. Strikes *MAN	= 2%
6. Wing Strikes *MAN	= 2%
7. Kicking *MAN	= 2%
8. Techniques (The Rising Fist) *MAN	= 15%
9. Kata No: One (Embracing The Storm) *MAN	= 15%
10. Internal Kata (Silent Embrace) *MAN	= 5%
11. Willow Foot * OPT	= 2%
12. Passive Techniques *OPT	= 2%
13. The Eight Attitudes Of Bushido * OPT	= 5%
14. Free Movement Sets *OPT	= 5%
15. Coursework Syllabus *MAN	= 20%
16. Weapon Of Choosing * OPT	= 5%
17. Salutation & Presentation * OPT	= 2%
18/ Willow Foot Universal Set * OPT	= 6%

65% to 70% Pass Level Academic

70% to 85% Advanced Level

85% to 100% Distinction Level

*OPT = Optional and is not mandatory as part of the Assessment - Students can however include these sections on request in order to increase there percentage score overall.

*MAN = Mandatory and must be included as part of student Assessment.

I am satisfied that the percentage given within the assessment form is accurate and within the standards performed by the students. As chief examiner and instructor of the KMA Association I herby recognise and present this form as a close representation of standards achieved and to the best of my ability without prejudice or malice on behalf of the student taking part in this assessment.

Name of student being assessed

Dates of assessments:

...../...../...../...../...../

...../...../...../...../...../

Signature of Instructor Grade of Instructor

Student has passed Yes: No:

Date concluded assessment:
.....

Percentage Achieved:

