## Haidate - Tactical Thigh Guards



These "Haidate" Thigh Guards are an awesome addition to any outfit in reducing damage to muscle, bone, or ligaments during either field training or competition work. Each "Haidate" has seventeen small armoured plates called "Karlta" made from 3mm high graded aluminium, resistant to sharp bladed weapons, of which are sewn into each Octagonal shaped design throughout each thigh guard.

These thigh guards are designed to be light-weight, highly flexible, durable, and stealth looking, of which can be worn inside or outside of any outfit or uniform. A Sageo lace up design secures each haidate at four anchor points at the front and back if each guard, fixing tightly to an adjustable and flexible material belt called a "Uwa-obi" around the waist. Each guard is designed to stay firmly in place, and shaped to form with the natural contours of your thighs with minimal movement when engaged in combat or field training. "Not to be underestimated" as these "Haidate" are extremely strong and effective against blows and strikes from live blades. You may forget you are wearing these Tactical Haidate, but when you do get hit, you will be glad you were wearing them.



1/ Your "Haidate" tactical thigh guards should arrive with laced up, with both front and rear ties or "Sageo" fitted and secured by an adjuster. All that is required is to slide each leg through until each "Haidate" is between the Knee and Hip joint at the mid portion of the thigh bone, then pull both cords at the rear to secure in position until fastened correctly.



(image - 1)



2/ Each cord or "Sageo" is tied exactly the same way on all four corners of the "Uwa-obi" or belt, this is important in order for you to tie correctly in prevent movement of each "Haidate" when on the move. We will concentrate on the "Knot" over the right hip for the purposes of this instruction. 3/ Feed both ties upward and through the back of the belt, allowing the ends of the ties to drape downwards as in ( image 1 )

3/ Pass both ends of the 'Sageo" cords to cross over each other at the back of the cords running upwards from the "Haidate" as in ( image 2 ) ( do not over pull or tighten either front or rear ) it should be more a snug fit or the rear lace up on the "Haidate" will over tighten causing discomfort over time while wearing.

(image - 2)



(image - 3)

4/ The finishing knot is a basic overhand style bow, the same as a lace up for a shoe or trainer, and making sure each finishing Bow is tight as in ( image - 3 ).